

# Massages

All massages are done with coconut oil based Spice Oils, produced in Zanzibar.

## Hot Stone Massage - full body

Intensely relaxing and soothing massage - the heat from the stones and the concentrated pressure dissolves muscle tension comfortably.

1 hour - 60 US\$

### Deep Tissue Massage – full body

Pain releasing massage working on the deep layers of the muscle tissue, supporting blood circulation and lymphatic drainage.

1 hour - 60 US\$

90 minutes - 80 US\$

#### Swedish Massage - full body

Intensely relaxing and soothing massage applying medium pressure using mostly the thumbs.

1 hour - 55 US\$

90 minutes - 75 US\$

#### Lala Salama Massage – full body

An all around personalized relaxing massage that will make you fall asleep.

1 hour - 50 US\$

90 minutes - 70 US\$

**Stress Relief Massage** – back, neck & shoulders

40 minutes - 35 US\$

60 minutes - 50 US\$

**Jetlag Massage** – Feet & legs

40 minutes - 35 US\$

# **Body Scrubs**

Get your summer glow by stimulating the skin and removing dry and dead skin cells.

# Vanilla Cinnamon Sugar Scrub, Cinnamon Coffee Seaweed Scrub, Lemongrass Seaweed Scrub, Zanzibar Spice Scrub

40 minutes - 35 US\$

# Manicure & Pedicure

#### Vanilla Cinnamon Hand Spa

Including hand scrub of your choice, mask, massage and nail polish

60 minutes - 30 US\$

#### Lemongrass Seaweed Foot Spa

Including foot scrub of your choice, mask, massage and nail polish

60 minutes - 30 US\$



## **Facials**

### Africology Vitamin Boost Deep Cleanse

This uplifting facial uses a rich vitamin and mineral cocktail to replenish the skin, boost your immune system and energize the skin. Great for tired, stressed or run-down skin, leaving you revitalized.

60 minutes - 60 US\$

### Africology African Goddess Anti Aging Facial

This de-stressing, anti-ageing cell renewal care is rich in natural oils, and its luxuriant treatment lubricates the skin to restore elasticity and softness, combat aging and promote a healthy glow. Our combination of antioxidant ingredients was carefully selected to stimulate new cell growth and to keep skin healthy, lubricated and elastic, making it less prone to wrinkles.

60 minutes - 75 US\$

# Signature Treatments

# Anna Afya Treatment

('Afya' means 'health')

Enjoy a healing journey enriched with the spices of Zanzibar.

Start with a Cinnamon Coffee Seaweed Body Scrub followed by a pain releasing Deep Tissue Back and Neck Massage. Continue with a Balancing Express Facial and end on a Pressure Point Foot Massage to energize your entire body.

2 hours - 120 US\$

#### Kujaa treatment

('Kujaa' means 'complete')

Spoil your body with an all-over treatment from head to toe.

Start with a cleansing Body Scrub with the flavor of your choice, followed by a pain releasing Swedish Massage with your favorite spice oil. Proceed with a Vitamin Boosting Express Facial and finish with either a Vanilla Cinnamon Manicure or a Lemongrass Seaweed Pedicure.

3 hours - 140 US\$

#### African Goddess Treatment

Feel like an African Goddess after a two and a half hours treatment, spoiling your body with the finest spices of Zanzibar and the most precious healing products of our Africology line.

Start off with a revitalizing Zanzibar Spice Scrub, followed by a intensly relaxing 60 minute Hot Stone Massage. Finally, give your skin that magic summer glow with our African Goddess Facial.

2.5 hours - 150 US\$